

Let go ...

to "let go" does not mean to stop caring, it means I can't do it for someone else.

to "let go" is not to cut myself off, it's the realization I can't control another

to "let go" is not to enable, but to allow learning from natural consequences

to "let go" is to admit powerlessness, which means the outcome is not in my hands

to "let go" is not to try to change or blame another, it's to make the most of myself

to "let go" is not to care for, but to care about

to "let go" is not to fix, but to be supportive

to "let go" is not to judge, but to allow another to be a human being

to "let go" is not to be in the middle arranging all the outcomes but to allow others to affect their destinities. ...

to "let go" is not to be protective, it's to permit another to face reality

to "let go" is not to deny, but to accept

to "let go" is not to nag, scold or argue, but instead to search out my own shortcomings and correct them

to "let go" is not to adjust everything to my desires but to take each day as it comes, and cherish myself in it

to "let go" is not to criticize and regulate anybody but to try to become what I dream I can be

to "let go" is not to regret the past, but to grow and live for the future

to "let go" is to fear less, and love more